

Psychologist Column

Priyanka Tank

Masters in Applied Behavioral Analysis (MSc), and Clinical and Health Psychology (MSc), from Bangor University, United Kingdom, and member of The British Psychological Society.

Isn't it the most beautiful thing to nurture a child? I, Priyanka Tank, have the privilege to build a nurturing environment for the children of our society as my full-time profession. I am a behaviour therapist working with Early Autism Services, Bangalore, India. I have a double Masters in Applied Behavioral Analysis (MSc) and Clinical and Health Psychology (MSc) from Bangor University, United Kingdom. I am an active member of The British Psychological Society. Gained over four years of experience in parent and child counselling and have worked with various NGOs in training underprivileged children, parents, and government teachers. I have had the opportunity of accumulating a wide range of experiences and knowledge. I am currently working towards international certification/ registration from the Behavior Analyst Certification Board.

Being associated with Early Autism Services for a year now, I have worked hands-on with individuals on the autism spectrum. We specialize in providing early intervention ABA services to children from three to twelve years. I conduct one-to-one assessments along with my supervisor. We engage with the child through play, conversations, and observations. We also conduct detailed interviews with parents to understand the history of the child and the concerns and expectations of the parents. I work towards building fine motor skills, language and communication skills, self-help skills, pre-academic skills, social skills and play skills. Another essential part of being a therapist is building personalized therapy plans tailored to every child's individual needs under the supervision of a BCBA (Board Certified Behavior Analyst). Due to the onset of the COVID-19 pandemic, we have extended our services by providing Tele-therapy to children and parent training sessions to aid them with basic ABA



knowledge that can be applied in their home setting.

I would describe myself as an enigmatic leader and someone who works devotedly with dedication towards using the science of ABA in various domains of life. I strive to provide a secure, stimulating, and happy environment to help grow and develop children and parents that I work with. My therapeutic processes are centered around creative and practical goal-setting approaches. I strongly believe in providing tools and skills that empower the child and their family to transcend from coping lifestyles to thriving possibilities.

I believe that my driving force comes from the following quote-

"Nurturing a child's sense of personal worth and therefore hope and dreams for a wonderful future is perhaps the most important responsibility of every grown up in the child's life."
- Wess Stafford.