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and also a sense of empathy in the child.

- It will help in their social development, and the thoughtful conversation will build an understanding of the world around them.
- It will help a child to respect the di erences because everyone is di erent.
- This can also help in reducing the chances of bullying and violence.

It will encourage a sense of acceptance and inclusiveness. The life of a person with a disability is not only impacted by physical limitations, but they also face discrimination, bullying, violence, and di culty in financial inclusion throughout their lives. Creating awareness and educating children will help build an inclusive society because today's children are our future society.

Learning about disabilities in their formative years will help a child develop emotional and social skills that they will carry throughout their lives, leading to a better and more inclusive world.

References:

- <u>https://www.who.int/en/news-room/fact-sheets/detail/disability-and-health</u>
- https://www.unesco.org/en/education
- <u>https://campaignforeducation.org/en/</u> resources

Tricolour

By Mrs. Christy Joel

Our tricolour ag is our pride. When I look at our national ag, one important thing comes to mind: all three colours are in equal proportion. Though each colour represents di erent aspects, all are in equal proportion, reminding us that all are equal in this country. It is not just a ag used for few days but a symbol of equality. Let us think once and judge ourselves by asking a very simple question. Are we practising equality in our



day-to-day life? If 'YES', there is nothing better than that. If 'NO', look at our ag and realize what those three colours in equal proportion tell us. Make up your mind, learn equality from the Indian ag, and strive to change our country and our people for a better for a better present and future.

Jai Hind! Vande Matharam !

Riddles To Solve

- 1. What can you break, even if you never pick it up or touch it?
- 2. What gets wet while drying?
- 3. The more of this there is, the less you see. What is it?

Compiled by Ayushi Pandey (AIF Intern)

